

Child Care Aware of Virginia offers a variety of training opportunities to support the child care workforce. You may qualify for FREE training if your program serves infants and toddlers (0-36 months) or participates in the subsidy program! Check out our Training Calendar to register for upcoming events.

FIRST AID & CPR

- The latest CPR method
- How to respond when choking occurs
- Basic First-Aid techniques



EMERGENCY PREPAREDNESS

- How emergencies affect your program
- How to create and carry out an emergency plan
- How to support your business and the needs of the children in your care during and after an emergency



TRAUMA-INFORMED CARE BASICS

- What trauma is and how to recognize it
- The risks associated with childhood trauma
- How to implement trauma-informed strategies in your child care program



TRAUMA-RESPONSIVE CARE

- Techniques and strategies for addressing and redirecting trauma behaviors
- How to recognize the effects of trauma on classroom interactions
- How caregiver practices may trigger trauma-reactions

STRENGTHENING BUSINESS PRACTICES

This training series will support you in honing your administrative skills and offer strategies to encourage business growth

- Budgets, Projections, and Planning
- Financial Reports and Internal Controls
- Marketing
- Recruiting and Retaining Staff (for child care centers)

